

**BEFORE THE FITNESS TO PRACTISE COMMITTEE  
OF THE GENERAL OPTICAL COUNCIL**

**GENERAL OPTICAL COUNCIL**

**F(25)04**

**AND**

**NSIKAK DOUGLAS ETUK (01-36056)**

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**NOTICE OF INQUIRY  
SUBSTANTIVE HEARING**

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Take notice that an inquiry will be conducted in the above matter by the Fitness to Practise Committee of the General Optical Council.

A substantive hearing will be proceeding:

**Remotely**

The substantive hearing will take commence at 9:30am on **Monday 1 September – Friday 5 September and Thursday 11 September – Friday 12 September 2025** by way of video conference or telephone conference facilities.

The Inquiry will be based upon the allegation submitted by the Council (see below) and will determine whether the fitness to practise of **Nsikak Douglas Etuk** is impaired by virtue of the provisions contained in section 13D(2) of the Opticians Act 1989.

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Euan Napier  
Hearings Manager, General Optical Council

**24 July 2025**

## **ALLEGATION**

*The Council alleges that in relation to you, Nsikak Douglas Etuk (SO-36056), a registered student optometrist:*

- 1) *On more than one occasion between August 2022 and April 2023, you made phone calls to Ms A at least 3 times a day at odd hours; and/or*
- 2) *On more than one occasion between September 2022 and April 2023, you:*
  - a. *Would enter Ms A's bedroom without her consent and refuse to leave despite Ms A telling you to leave her room; and/or*
  - b. *Would enter Ms A's bedroom whilst she was not there, without her consent; and/or*
  - c. *Took Ms A's property without her consent; and/or*
- 3) *On more than one occasion in September 2022, you accessed Ms A email and social media accounts by obtaining her passwords without her consent; and/or*
- 4) *On more than one occasion between December 2022 and April 2023, you made comments to Ms A about her body, despite her telling you stop, saying that she had:*
  - a. *a "nice shape", or words to that effect; and/or*
  - b. *a "symmetrical face", or words to that effect; and/or*
  - c. *"straight legs", or words to that effect; and/or*
  - d. *"big nipples", or words to that effect; and/or*
- 5) *In January 2023, you:*
  - a. *Hit Ms A on her bottom with a wooden spoon; and/or*
  - b. *Blew kisses to Ms A whilst you were both at work; and/or*
- 6) *Between January 2023 and February 2023, you:*
  - a. *Entered Ms A's bedroom without her consent despite Ms A telling you to leave her bedroom; and/or*
  - b. *Pinned Ms A's arms above her head whilst she was on her bed without her consent; and/or*
  - c. *Used Ms A's sleep mask to blindfold her without her consent; and/or*
  - d. *Touched Ms A's body intimately without her consent; and/or*
  - e. *Bit Ms A's ear lobes without her consent; and/or*
  - f. *Told Ms A that her ear lobes "look like labia", or words to that effect; and/or*
- 7) *In March 2023, you:*
  - a. *Touched and/or held Ms A despite Ms A telling you that she was uncomfortable with it; and/or*
  - b. *Forced Ms A to sleep in your bedroom by:*
    - i. *Taking her bedroom keys; and/or*
    - ii. *Refusing to give her bedroom keys back to her; and/or*
- 8) *In April 2023, you:*
  - a. *Bought Ms A loungewear; and/or*

- b. *Asked Ms A to wear the loungewear; and/or*
  - c. *Told Ms A that you wanted her to wear the loungewear “to be sexy for a future husband”, or words to that effect; and/or*
  - d. *Took Ms A’s bedroom keys without her consent; and/or*
  - e. *Locked Ms A in her bedroom without her consent; and/or*
  - f. *Laid down on Ms A’s bed without her consent; and/or*
  - g. *Refused to leave Ms A’s bedroom despite Ms A shouting at you to leave; and/or*
  - h. *Grabbed Ms A whilst she was on her bed without her consent; and/or*
  - i. *Cuddled Ms A without her consent; and/or*
  - j. *Nibbled Ms A’s ear without her consent; and/or*
  - k. *Caressed Ms A’s bottom without her consent; and/or*
  - l. *Told Ms A how “her future husband will enjoy her”, or words to that effect; and/or*
  - m. *Asked and/or accepted a back massage from Ms A; and/or*
  - n. *During the massage, told Ms A that your back is your “g-spot”, or words to that effect; and/or*
  - o. *During the massage, told Ms A that you were “aroused”, or words to that effect; and/or*
  - p. *During the massage, told Ms A that you would like to “sexually satisfy” her, or words to that effect; and/or*
  - q. *Kissed Ms A without her consent; and/or*
  - r. *Caressed Ms A’s neck and cleavage without her consent; and/or*
  - s. *Asked Ms A to touch your back so you could “learn self-control and not be easily aroused” by Ms A, or words to that effect; and/or*
  - t. *Asked Ms A if there was “anything” she “wanted sexually”, or words to that effect; and/or*
  - u. *Suggested to Ms A that they have oral sex; and/or*
  - v. *Tried to force yourself into Ms A’s bedroom without her consent following an argument with Ms A; and/or*
- 9) *Your conduct as set out above at 1) and/or 2a)-c) and/or 3) and/or 4a)-d) and/or 5a)-b) and/or 6a)-f) and/or 7a)-b) and/or 8a)-v) was inappropriate and/or sexually motivated.*

*And by virtue of the facts set out above, your fitness to undertake training is impaired by reason of misconduct.*

<b>Committee Members:</b>	Julia Wortley (Chair) Nicola Enston (Lay) Mark McLaren (Lay) Amit Jinabhai (Optometrist) Kalpana Theophilus (Optometrist)
<b>Legal Adviser:</b>	Kelly Thomas
<b>Hearings Officer:</b>	Arjeta Shabani
<b>Transcribers:</b>	Marten Walsh Cherer Limited

If you require further information relating to this hearing, please contact the Council's Hearings Manager at [hearings@optical.org](mailto:hearings@optical.org).