

**BEFORE THE FITNESS TO PRACTISE COMMITTEE
OF THE GENERAL OPTICAL COUNCIL**

GENERAL OPTICAL COUNCIL

F(25)44

AND

JASPAL SIHRA (01-23733)

**NOTICE OF INQUIRY
SUBSTANTIVE HEARING**

Take notice that an Inquiry will be conducted in the above matter by the Fitness to Practise Committee of the General Optical Council.

A substantive hearing will be proceeding:

Remotely

The substantive hearing will commence at 9:30am on the below dates by way of video conference or telephone conference facilities.

Thursday 18- Friday 19 June 2026

Thursday 25- Friday 26 June 2026

The Inquiry will be based upon the allegation submitted by the Council (see below) and will determine whether the fitness to practise of **Jaspal Sihra** is impaired by virtue of the provisions contained in section 13D(2) of the Opticians Act 1989.

Euan Napier
Hearings Manager, General Optical Council

21 May 2026

ALLEGATION

The Council alleges that you, Jaspal Sihra (01-23733) a registered optometrist, whilst working at M&S Opticians [redacted]:

1. On or around 29 October 2024, you failed to maintain adequate patient records in that you:
 - a. Falsified Patient A's record by recording repeat visual field plots for Patient A when these had not been measured; and/or
 - b. Falsified Patient B's record by recording that a repeat visual field test had been carried out, despite Patient B not being present;
2. Your conduct as set out at above at 1a. and/or 1b. is:
 - a. Dishonest; and/or
 - b. Misleading;

And by virtue of the facts set out above, your fitness to practise is impaired by reason of misconduct.

Committee Members:

Sarah Hamilton (Chair/Lay)

Victoria Smith (Lay)

Ann McKechin (Lay)

Gemma O'Rourke (Optometrist)

Danielle Ellis (Optometrist)

Legal Adviser:

Francis Graydon

Hearings Officer:

Latanya Gordon

Transcribers:

Marten Walsh Cherer Limited

If you require further information relating to this hearing, please contact the Council's Hearings Manager at hearings@optical.org.